

Guest Instructor: **Tadayuki Sato Shihan, 6th Dan Aikido**

Tadayuki Sato, 6th Dan Aikido, was appointed to the position of Shihan of the Waseda University Aikido Club in 2007. This position had been vacant since Professor Tomiki's death in 1979. Sato is an expert in his field and in particular the link between Aikido & Judo.



Sato's current status is the Shihan of the Waseda University Aikido club (WUAC) and a director of the JAA. He decided to visit Tanaka Sensei, the first captain of WUAC, and the JAA-USA to introduce and discuss the techniques and philosophy that he learned directly from both Tomiki Sensei and Ohba Sensei to everyone during the US national tournament in July.



Sato Sensei is the son of Gohachiro Sato, 8th dan in judo. Gohachiro Sato, a fellow friend of Kenji Tomiki in the Waseda University Judo Club, established a judo club in Hamamatsu city, located midway between Tokyo and Osaka. Tadayuki Sato, born in 1957, started to practice judo with his father in the club when he was 8 years old. He practiced judo at a club of Tenri high school, which always had been one of the most powerful judo clubs in all of Japan, and took an active part in a national

interscholastic athletic meet.



When Tadayuki was 14 years old, he first met Tomiki at the funeral for his father in 1970. Tomiki kindly stated that he would teach him his theory and methodology of both judo and aikido. After that, Tomiki



shared his teachings deeply with him. In 1977, Tadayuki

entered Waseda University and started to practice both judo at the judo club and aikido at the aikido club, until he decided to belong to the aikido club when he was a sophomore, which was probably allowed because Tomiki was the great shihan of both the clubs.

Needless to say, Yoshimi Osawa, an active shihan of the judo club and one of the most excellent judo instructors in the judo world, had put much hope on him as a judo member, but Tadayuki finally followed Tomiki's instruction. Since Tomiki asked Tadayuki to visit his house every Sunday, he came to learn lots of amazing teachings in details. In the last few years, thanks to Sato's talent, two major journals of martial arts in Japan have been introducing Tomiki aikido and its theory through the interviews with Sato since May of 2007. The "Kakutogi Tsushin," the most prestigious journal, introduced Tomiki's skill through Sato's demonstration to the Judo world to enhance Japanese performance at the Olympic games. It is a remarkable incident in the history of Tomiki aikido.

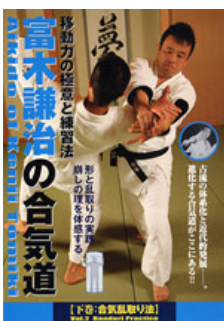
Sato published two DVDs which include his excellent theory and skills concerning both various basics and basic katas of randori. The DVD is just entitled 'Aikido of Kenji Tomiki'.



Vol 1 of Tadayuki Sato's series on Tomiki Aikido includes chapters on:

- Shisei (posture)
- Tai sabaki/Ai sabaki (Body movement)
- Unsoku ho (stance in movement)
- Tegatana to sono mochikata (moving with your arm being held by both hands)
- Tegatana tandoku undo (bokken training)

- Kihon no sotai renshu (partner training)
- Tegatana awase
- Tegatana no kuzushi



Vol 2 of Tadayuki Sato's series on Tomiki Aikido includes chapters on:

- Kihon no kata (17 kata)
- Atemi waza (5)
- Hiji waza (5)
- Tekubiwaza (4)
- Ura waza (10 kata)
- Kaeshiwaza (10)

Toshu Randori (empty hand free style)

Tanto randori (free style with knife)