

Tomiki Aikido of the Americas

1st Dan Exam Form

Applicant name: _____

Date _____

Last Promotion Date _____

Judge _____

Rank of Judge _____

Page 1 of 2

Technique	Below Average		Average		Above Average		Comments
	L	R	L	R	L	R	
Junanahon no kata							Uke with Tanto
Shomen-ate							
Aigamae-ate							
Gyakugamae-ate							
Gedan-ate							
Ushiro-ate							
Oshi-taoshi							
Ude-gaeshi							
Hiki-taoshi							
Ude-garami							
Waki-gatame							
Kote-hineri							
Kote-gaeshi							
Tenkai-kote-hineri							
Tenkai-kote-gaeshi							
Mae-otoshi							
Sumi-otoshi							
Hiki-otoshi							

Name

Judge

Technique	Below Average	Average	Above Average	Comments
Koryu Goshin no Kata				1st 16 techniques
Suwaru Waza				
Oshi-taoshi				
Gyakugamae-ate				
Kote-gaeshi				
Ryote-dori Sukui-nage				
Hanza Handachi Waza				
Tenkai kote-hineri osae				
Tenkai kote-gaeshi osae				
Gedan-ate				
Hiji-kime-nage				
Tachi Waza				
Kote-mawashi gyakugamae-ate				
Uchi tenkai-nage				
Gyakugamae-ate				
Hijikime otoshi				
Mae-otoshi				
Ushiro Mae-otoshi				
Kakae dori tenkai-kote-hineri				
Mae-eridori kata-gatame				

Technique	Below Average	Average	Above Average	Comments
-----------	---------------	---------	---------------	----------

Randori - Kakari geiko				
Randori - Hikitate geiko				

Pass Fail

Comments:
