

Tomiki Aikido of the Americas

1st Kyu (Brown belt) Exam Form

Name _____ Date _____ Hours since last exam _____

Judge _____ Rank of Judge _____

| Technique | Below Average | | Average | | Above Average | | Comments |
|--|---------------|---|---------|---|---------------|---|------------------------|
| | L | R | L | R | L | R | |
| Suwari-waza | | | | | | | |
| Oshi-taoshi <small>(front/kime (pressure point lock))</small> | | | | | | | |
| Oshi-taoshi <small>(rear/kime (pressure point lock))</small> | | | | | | | |
| Junte-dori / gyakute-dori (Natural & reverse hand grabs) | | | | | | | |
| Nigiri Gaeshi no Tsukuri | L | R | L | R | L | R | (Grip back after grab) |
| Jodan Oshi-taoshi natural grip <small>(Cross hand grab, overhead stab)</small> | | | | | | | |
| Jodan Oshi-taoshi reverse grip <small>(Cross hand grab, overhead stab)</small> | | | | | | | |
| Jodan Hiki-taoshi natural grip <small>(Mirror hand grab, overhead stab)</small> | | | | | | | |
| Jodan Hiki-taoshi reverse grip <small>(Mirror hand grab, overhead stab)</small> | | | | | | | |
| Gedan Tenkai-kotegaeshi natural grip <small>(Cross grab, low stab)</small> | | | | | | | |
| Gedan Kotegaeshi reverse grip <small>(Cross grab, low stab)</small> | | | | | | | |
| Gedan Tenkai-kotegaeshi reverse grip <small>(Mirror grab, low stab)</small> | | | | | | | |
| Gedan Kotegaeshi natural grip <small>(Mirror hand grab, low stab)</small> | | | | | | | |

Name

Judge

| Technique | Below Average | | Average | | Above Average | | Comments |
|--------------------|---------------|---|---------|---|---------------|---|----------|
| | L | R | L | R | L | R | |
| Junanahon kata | | | | | | | |
| Shomen-ate | | | | | | | |
| Aigamae-ate | | | | | | | |
| Gyakugamae-ate | | | | | | | |
| Gedan-ate | | | | | | | |
| Ushiro-ate | | | | | | | |
| Oshi-taoshi | | | | | | | |
| Ude-gaeshi | | | | | | | |
| Hiki-taoshi | | | | | | | |
| Ude-garami | | | | | | | |
| Waki-gatame | | | | | | | |
| Kote-hineri | | | | | | | |
| Kote-gaeshi | | | | | | | |
| Tenkai-kote-hineri | | | | | | | |
| Tenkai-kote-gaeshi | | | | | | | |
| Mae-otoshi | | | | | | | |
| Sumi-otoshi | | | | | | | |
| Hiki-otoshi | | | | | | | |

| Name | | Judge | | |
|---|---------------|-----------------------|---------------|----------|
| Technique | Below Average | Average | Above Average | Comments |
| Juppon ura-waza | | 10 counter techniques | | |
| Shomen-ate / Waki-gatame | | | | |
| Aigamae-ate / Oshi-taoshi | | | | |
| Gyakugamae-ate / Gedan-ate | | | | |
| Gedan-ate / Aigamae-ate | | | | |
| Ushiro-ate / Tenkai-kote-hineri | | | | |
| Oshi-taoshi / Oshi-taoshi | | | | |
| Hiki-taoshi / Tenkai-kote-hineri | | | | |
| Kote-gaeshi / Kote-gaeshi | | | | |
| Tenkai-kote-hineri / Waki-Gatame | | | | |
| Tenkai-kote-gaeshi / Tenkai-kote-gaeshi | | | | |

| | | | | |
|---|--|--|--|--|
| Nunin-dori (Multiple unarmed attackers) | | | | |
| Randori (tanto randori, 2 matches) | | | | |

Pass Fail

Comments:
