

Tomiki Aikido of the Americas

4th Dan Exam Form

Name _____ Date _____ Last Promotion Date _____

Judge _____ Rank of Judge _____

Technique	Below Average	Average	Above Average	Comments
Yondan Specific				
Tegatana no kuzushi kara waza				
Jodan no kuzushi aigamae _ushiroate				
Jodan no kuzushi gyakugamae _ushiroate				
Chudan no kuzushi aigamae _oshitaoshi				
Chudan no kuzushi gyakugamae _hikitaoshi				
Gedan no kuzushi aigamae _kotegaeshi				
Gedan no kuzushi gyakugamae _kotegaeshi				
Ushiro ryotedori oshitaoshi				
Ushiro ryotedori ushiroate				
Goshinho tekubi				
Aigamae shomen-ate				
Aigamae gedan-ate				
Gyakugamae shomen-ate				
Gyakugamae aigamae-ate				
Gyakugamae gyakugamae-ate				
Goshiho datotsushu no waza				
Shomen-uchi oshi-taoshi				
Shomen-uchi aigamae-ate				
Yokomen-uchi tenkai-kote-gaeshi				
Yokomen-uchi aigamae-ate				
Shomen tsuki kote-gaeshi				
Maegeri shomen-ate				

Name

Judge

Technique	Below Average	Average	Above Average	Comments
Tachi dori				
Mae-otoshi				
Tenkai kote-gaeshi				
Aigamae-ate				
Oshi-taoshi				
Hiji-kujiki				
Yari dori				
Gyakugamae-ate				
Shomen-ate				
Hishigi				
Renraku waza hiji-hishigi				
Irimi Mae-otoshi				
Yari waza				
Migi sumi-otoshi				
Migi sumi gori hidari sumi-otoshi				
Tekubi kime gori shomen tsuki				
Mae-otoshi				
Shiho-nage				
Shinage gyaku kaiten nage				
Ude-kujiki				
Kokyu-nage				
Kumitachi waza				
Aiuchi men giri				
Migi yokomen giri				
Hidari yokomen giri				
Kubi tsuki				
Do				
Kote nuki kote giri				
Shiogi uchi kaeshi yokomen giri				
Hasso gamae waza				

Randori				
Pass			Fail	

Comments:
