

# Tomiki Aikido of the Americas

## 1st Dan Exam Form

Applicant name: \_\_\_\_\_

Date \_\_\_\_\_

Last Promotion Date \_\_\_\_\_

Judge \_\_\_\_\_

Rank of Judge \_\_\_\_\_

Page 1 of 2

Technique	Below Average		Average		Above Average		Comments
	L	R	L	R	L	R	
<b>Junanahon no kata</b>							Uke with Tanto
Shomen-ate							
Aigamae-ate							
Gyakugamae-ate							
Gedan-ate							
Ushiro-ate							
Oshi-taoshi							
Ude-gaeshi							
Hiki-taoshi							
Ude-garami							
Waki-gatame							
Kote-hineri							
Kote-gaeshi							
Tenkai-kote-hineri							
Tenkai-kote-gaeshi							
Mae-otoshi							
Sumi-otoshi							
Hiki-otoshi							

Name

Judge

Technique	Below Average	Average	Above Average	Comments
<b>Koryu Goshin no Kata</b>				1st 16 techniques
<b>Suwaru Waza</b>				
Oshi-taoshi				
Gyakugamae-ate				
Kote-gaeshi				
Ryote-dori Sukui-nage				
<b>Hanza Handachi Waza</b>				
Tenkai kote-hineri osae				
Tenkai kote-gaeshi osae				
Gedan-ate				
Hiji-kime-nage				
<b>Tachi Waza</b>				
Kote-mawashi gyakugamae-ate				
Uchi tenkai-nage				
Gyakugamae-ate				
Hijikime otoshi				
Mae-otoshi				
Ushiro Mae-otoshi				
Kakae dori tenkai-kote-hineri				
Mae-eridori kata-gatame				

Technique	Below Average	Average	Above Average	Comments
-----------	---------------	---------	---------------	----------

Randori - Kakari geiko				
Randori - Hikitate geiko				

Fail   Pass

Comments:

---



---



---



---



---



---