

Tomiki Aikido of the Americas

3rd Dan Exam Form

Applicant name: _____

Date _____

Last Promotion Date _____

Judge _____

Rank of Judge _____

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Technique	Below Average	Average	Above Average	Comments
Koryu Goshin no Kata				All 50 techniques
Suvari Waza				
Oshi-taoshi				
Gyakugamae-ate				
Kote-gaeshi				
Ryote-dori sukui-nage				
Hanza Handachi Waza				
Tenkai kote-hineri osae				
Tenkai kote-gaeshi osae				
Gedan-ate				
Hiji-kime-nage				
Tachi Waza				
Kote-mawashi gyakugamae-ate				
Uchi tenkai-nage				
Gyakugamae-ate				
Hijikime otoshi				
Mae-otoshi				
Ushiro Mae-otoshi				
Kakae dori tenkai-kote-hineri				
Mae-eridori kata-gatame				
Tanto Dori (defense against knife)				
Ushiro Kubi-uchi				
Gyakugamae-ate				
Tentai oshi-taoshi				
Ushiro-ate				
Ude-gatame				
Kote-gaeshi				
Tenkai kote-hineri				
Shomen giri gedan-ate				

Name

Judge

Technique	Below Average	Average	Above Average	Comments
Tachi dori (defense against sword)				
Mae-otoshi				
Tenkai kote-gaeshi				
Aigamae-ate				
Oshi-taoshi				
Hiji-kujiki				
Yari dori (staff defense techniques)				
Gyakugamae-ate				
Shomen-ate				
Hishigi				
Renraku waza hiji-hishigi				
Irimi mae-otoshi				
Yari waza (staff counter-defense)				
Migi sumi-otoshi				
Migi sumi gori hidari sumi-otoshi				
Tekubi kime gori shomen tsuki				
Mae-otoshi				
Shiho-nage				
Shinage gyaku kaiten nage				
Ude-kujiki				
Kokyu-nage				
Kumitachi waza (sword vs. sword)				
Aiuchi men giri				
Migi yokomen giri				
Hidari yokomen giri				
Kubi tsuki				
Do				
Kote nuki kote giri				
Shiogi uchi kaeshi yokomen giri				
Hasso gamae waza				
Randori				

Fail

Pass

Comments:
